The number of people off work with a long-term illness has risen by nearly a million to three million in the last five years.

Nearly 11 million working-age people are not in paid jobs.

Concerns are growing about soaring economic inactivity across Britain, particularly among younger people.

I'm trying to find something that can fit in with the part-time hours, and also that I can kind of cope with.

Constantly like putting a few applications never hear anything back.

It's kind of hard if you have like learning difficulties, disabilities.

Kind of seeing a generation of young people that kind of that lived through those pandemic years so often it can be kind of low-level, low self-esteem.

Many are struggling with their mental health.

There were many hands that pushed Jamie along his downward spiral, a business launched and failed during the pandemic a late diagnosis of ADHD and increasing Reliance on alcohol all led him to Breaking Point.

The government has announced major reforms to get Britain working again.

We're joining up employment and health support expanding individual placement support to reach an additional 140,000 people with mental health problems and delivering new Work Well Services which includes GPS referring patients to employment advisors and other work-related support like the brilliant service in the junction medical practice in North London that we visited recently.

It's time for a new approach to help people get back to work.

The evidence shows that if you follow that approach people are twice as likely to get a job and then stay in work as a result of that support.

The minute the GP clicks on the button that says this person's come in for a fit note there'll be a message that pops up to say this person could be eligible for the Work Well programme here's how you refer, and that allows us to make sure that people get the support that they need the minute that they need it.

The impact this programme's had on my life is to take me from a place of utter despair to giving me a sense of a future again.

Working in Partnership, linking with health and skills, working with schools and helping people find work that they love.

Oh well, now I couldn't believe that I would be in this position in my life just feel like I'm in the next level of my life this is how I feel. Yeah positive, yeah.

Good work transforms lives.

[Shaw Trust Logo]