



## Where to find support?

If you need help with your next steps, see how, and where, we can support you

And if we're not in your location yet, make sure to follow us on socials! We regularly share careers advice, opportunities for young people, mental health tips, and more.

# Bexley Youth Advice

## Who is it for?

Young people, aged 16 to 19 (or up to 25 with an EHCP), who are not in education, employment, or training.

## Where is it?

Bexley.

## What support will you receive?

- Careers advice and guidance, including
- CVs, interviews, applications, and more.
- Job opportunities, volunteering,
- apprenticeships, and training.

## How to get in touch?

To find out more, please contact:  
[BYA@prospects.co.uk](mailto:BYA@prospects.co.uk)

# Brent Connexions

## Who is it for?

Young people, aged 16 to 19 (or up to 25 with an EHCP), who are not in education, employment, or training.

## Where is it?

Bexley.

## What support will you receive?

- Careers advice and guidance, including
- CVs, interviews, applications, and more.
- Job opportunities, volunteering,
- apprenticeships, and training.

## How to get in touch?

To find out more, please contact:  
[brent.cc@prospects.co.uk](mailto:brent.cc@prospects.co.uk)

# City Youth Forum

## Who is it for?

Young people, aged 11 to 19 (and up to 25 with an EHCP), who live, work, or study in the City of London Square Mile.

## Where is it?

City of London Square Mile.

## What support will you receive?

- A chance to be a voice for the City.
- Careers advice and guidance.
- Access to activities to increase employment, education, and training opportunities.

## How to get in touch?

To find out more, please contact:  
[city@prospects.co.uk](mailto:city@prospects.co.uk)

# Connexions Wakefield

## Who is it for?

Young people, aged 13-19 (and up to 25 with an EHCP), who are not in education, employment, or training.

## Where is it?

Wakefield (digital service).

## What support will you receive?

- Careers advice and guidance, including
- CVs, interviews, applications, and more.
- Job opportunities, volunteering, apprenticeships, and training.
- Mental health and wellbeing support.

## How to get in touch?

To find out more, please [click here](#).

# Gloucestershire YST

## Who is it for?

Young people aged 10-19 (and up to 25 with an EHCP).

## Where is it?

Gloucestershire.

## What support will you receive?

- Careers advice and guidance.
- Youth justice.
- Family and housing.
- Physical and mental health.
- SEND.

## How to get in touch?

To find out more, please [click here](#).

# Harrow Youth Stop

## Who is it for?

Young people, aged 16-24, who are not in education, employment, or training.

## Where is it?

Harrow.

## What support will you receive?

- Careers advice and guidance, including
- CVs, interviews, applications, and more.
- Job opportunities, volunteering, apprenticeships, and training.
- Mental health and wellbeing support.

## How to get in touch?

To find out more, please [click here](#).

# Ixion

## Who is it for?

Young people, aged 16-24, who are looking to develop their skills and education.

## Where is it?

Opportunities are available nationally.

## What support will you receive?

- Traineeships and apprenticeships.
- Diplomas.
- Shaw Trust Academies.
- Adult education.
- And lots more to support your next steps.

## How to get in touch?

To find out more, please [click here](#).



# YESS

## Who is it for?

Young people, aged 13-19 who are at risk of requiring statutory support.

## Where is it?

Norfolk.

## What support will you receive?

- Tailored and targeted support to
- overcome challenges.
- Resilience and confidence.
- Education.

## How to get in touch?

To find out more, please contact:  
[Norfolk.connect@prospects.co.uk](mailto:Norfolk.connect@prospects.co.uk)

# Prospects

## Who is it for?

Young people, aged 16-19 (or up to 25 with an EHCP), who are not in education, employment, or training.

## Where is it?

Hackney, Havering, Coventry, Northamptonshire, and Warwickshire

## What support will you receive?

- Careers advice and guidance, including
- CVs, interviews, applications, and more.
- Job opportunities, volunteering,
- apprenticeships, and training.

## How to get in touch?

To find out more, please contact:  
[socialmediayouth@shaw-trust.org.uk](mailto:socialmediayouth@shaw-trust.org.uk)

# Supported Internships

## Who is it for?

Young people, aged 16-25, with an ECHP.

## Where is it?

Nationally. For the full list, click below.

## What support will you receive?

- Three work placements in a variety of
- roles, from customer service and retail to transport.
- 1:1 support from a job coach.
- Work training and qualifications.

## How to get in touch?

To find out more, please [click here](#).